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FOR PATIENTS WITH DIABETES!

Get the Full Picture when
Monitoring your Health with 1,5-AG





FREQUENTLY ASKED QUESTIONS:

1. What is the 1,5-AG Test?

- It's a simple blood test. The 1,5-anhydroglucitol (1,5-AG) test is for the intermediate term (preceding 1-2 weeks) monitoring of glycemic control in people with diabetes.
- This test reveals hidden hyperglycemia that routine testing would not detect.

2. Why should I get tested for 1,5-AG?

- The only blood test specific to detecting recent hyperglycemia.
- Detects changes in glycemic control within two weeks.
- Complementary test to HbA1c, Glycated Serum Protein (GSP).

3. What type of sample is required?

This test requires a simple blood sample.

4. Is any preparation for the test required?

- No, there is no required preparation to perform this test.
- Fasting is not required.

5. Is 1,5-AG test FDA cleared?

This test is FDA 510(k) cleared.

6. How are results from 1,5-AG reported?

Test results are quantitative reported in a numeric format. There are ranges of normal and abnormal levels that determine whether you have hyperglycemia within the past two weeks.

7. How often should I have 1,5-AG test done?

Testing frequency can vary. Consult with your physician to determine how often you should have this test done to monitor diabetes.

8. How are the test results used?

Results are used to monitor glycemic control. As needed, your health care practitioner will provide guidance to improve glycemic control through lifestyle, medication and/or other treatment changes. Early detection is key to promote improved health and well-being.

9. Is a 1,5-AG test covered by insurance?

There are many insurance coverage opportunities in many states. Please contact your healthcare provider for more information on coverage.

10. How do I interpret my results?

Low levels of 1,5-AG is an indication of hyperglycemia within the past 1-2 weeks. A health care practitioner will provide treatment options that are specific to your needs.

11. Who is at risk of Diabetes?

- Many factors vary significantly about vulnerability. However, for Type 1 Diabetes, family history and age being between children and young adults are individuals at higher risk.
- Type 2 Diabetes risk individuals have some of the following: Have prediabetes, are overweight, are 45 years or older, have family history of type 2 diabetes, are physically active less than 3 times a week, have ever had gestational diabetes or gave birth to a baby who weighed over 9 pounds¹.

12. What other Diazyme tests are available for diabetic diagnosis/management?

Diazyme Laboratories, Inc. currently provides the following test for diabetes diagnosis/monitoring: Glycated Serum Protein (GSP), and Direct Enzymatic HbA1c.

13. What is the turnaround time for results?

Consult with health provider on specific result time distribution.



SOURCES

1: <https://www.cdc.gov/diabetes/basics/risk-factors>